MARYLAND THUNDER
WHEELCHAIR LACROSSE

WHO CAN PLAY
Athletes with physical disabilities who want a demanding, fast-paced team sport. Common disabilities include amputation, spinal cord injury, and spina bifida, among others. Athletes of all ages and genders compete in the Wheelchair Lacrosse USA adult division.

HOW DO YOU PLAY?
• Gameplay is 8v8
• Played on a roller hockey rink
• Goal measurements are 4'x4'
• A no-bounce lacrosse ball is used
• Players wear protective equipment
• Full checking is allowed
• Substitutions are "on-the-fly"
• Personal and technical fouls apply

TEAM PRACTICE
EVERY SUNDAY, MAY-AUGUST
10:00am-12:00pm
ALPHA RIDGE PARK
11685 Old Frederick Rd
Marriottsville, MD 21104

GET INVOLVED
EMAIL:
thunderwclax@gmail.com
INSTAGRAM:
@mdthunderwclax
FACEBOOK:
/mdthunderwheelchairlacrosse
WEBSITE:
https://www.kennedykrieger.org/community/initiatives/physically-challenged-sports/for-adults